



Lunch Menu

LUNCH FAVORITES

Fried Chicken Plate

Half a fried chicken, creamy mashed potatoes with a rich brown gravy, steamed French-style green beans and our signature sweet and spicy sauce. 1860 cal. 15.89

Shepherd's Pie

Seasoned ground beef and pork, roasted carrots, celery and mushrooms, green peas in a rich brown sauce, topped with creamy mashed potatoes and mixed cheese. 1100 cal. 11.99

Roasted Turkey Plate

Seasoned turkey breast roasted in-house with rich turkey gravy, cornbread stuffing, creamy mashed potatoes, steamed French-style green beans and cranberry sauce. 1030 cal. 12.99

Charleston Shrimp & Grits

Two fried grit cakes infused with cheese, roasted red peppers and andouille sausage. Topped with shrimp, sausage, onions and peppers in a shrimp sauce. Garnished with chopped bacon and green onions. 1460 cal. 16.99

Pot Roast

Seasoned and slow cooked with tender roasted carrots, celery and mushrooms and served in our rich brown gravy over creamy mashed potatoes. 950 cal. 13.49

Chicken Tender Plate

Buttermilk marinated chicken tenders, seasoned, hand-breaded and fried golden brown. Served with cole slaw, seasoned fries and Creole mustard. 900 cal. 10.99

Fried Chicken & Waffle

Half a fried chicken and a Belgian waffle, topped with powdered sugar and sweet, strawberry butter. Served with our signature sweet and spicy sauce. 2260 cal. 15.79

Iron City Meatloaf

Our famous griddle-seared meatloaf with rich brown gravy, creamy mashed potatoes and steamed French-style green beans. 1180 cal. 12.49

Fish & Chips

Wild caught North Atlantic cod fillets, beer battered and fried crispy, with tartar sauce, cole slaw and seasoned fries. 1040 cal. 12.49

Chicken Pot Pie

Tender chicken, roasted carrots, celery and mushrooms, green peas in our velvety cream sauce and topped with a golden, flaky puff pastry. 990 cal. 11.99

BURGERS & SANDWICHES

All American Burger*

100% Angus burger, American cheese, tomato and lettuce slaw (shredded lettuce, chopped pickle and mayo). 990 cal. 9.99

Bacon, Mushroom, Swiss Burger*

100% Angus burger, hickory smoked bacon, lettuce, tomato, Swiss cheese and sautéed mushrooms. 990 cal. 10.99

Grilled 3 Cheese

Cheddar, Swiss and provolone on grilled white bread. 570 cal. 6.99
Add ham & tomato 240 cal. 2.00
Add bacon & tomato 130 cal. 2.00

French Dip

Tender, seasoned roast beef with melted provolone on a toasted hoagie roll, au jus. 750 cal. 10.99

Philly Cheese Steak

Roasted and seasoned beef topped with grilled onions and peppers, melted provolone cheese on a toasted hoagie roll. 1270 cal. 11.49

Big Mike's BLT (Double Decker)

Three slices of toast, loaded with bacon, lettuce, tomato and mayo. 830 cal. 9.99

Fried Chicken

Buttermilk marinated chicken, provolone cheese, bacon, honey mustard, lettuce and tomato on a brioche bun. 970 cal. 9.99

Chicken Parmesan Sandwich

Tender fried chicken, marinara sauce and mozzarella on a toasted hoagie roll. 1000 cal. 10.49

Metro Club

Ham, turkey, bacon, Swiss, cheddar, lettuce, tomato and mayo on three slices of white toast. 1320 cal. 11.99

Chicken Salad Croissant

Roasted chicken, chopped pecans, grapes, celery and mayo served on a flaky croissant with lettuce and sliced tomato. 660 cal. 9.99

Served with choice of: Seasoned Fries (300 cal), Steamed Broccoli (190 cal), Steamed French-style Green Beans (130 cal), Mashed Potatoes (320 cal), or Cole Slaw (210 cal).
For \$.50 substitute Fresh Seasonal Fruit (110 cal), Garden Salad (160 cal), Onion Rings (410 cal), or Mac & Cheese (290 cal).

BEVERAGES

Freshly Ground Coffee 0 cal. 2.59
Flavored Coffee of the Day 0 cal. 2.79
Hot Herbal Tea 0 cal. 2.59
Fruit Juices 110-280 cal. 2.49 & 3.99

Freshly Brewed Iced Tea 0-120 cal. 2.59
Flavored Iced Tea 0-120 cal. 2.79
Soft Drinks 0-180 cal. 2.59
Milk or Chocolate Milk 260/340 cal. 2.79

Mimosa - 180 cal. 2.99
Bloody Mary - 160 cal. 2.99
House Wine (Red or White) 2.99
Red or White Sangria - 170 cal. 3.99

*Items are cooked to order. Consuming raw or undercooked meats, poultry, seafood, shellfish or eggs may increase your risk of foodborne illness.



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BREAKFAST FOR LUNCH

Western Omelet*

Ham, cheddar cheese, mushrooms, onions, tomatoes and peppers, topped with salsa. Served with toast and choice of hashbrowns or grits. 730-920 cal. 10.49

Meat Lovers Omelet*

Bacon, sausage, ham and cheddar cheese. Served with toast and choice of hashbrowns or grits. 1070-1350 cal. 10.49

The Bissell Breakfast*

Two eggs any style, bacon, toast, hashbrowns or grits, and a short stack of pancakes. 930-1230 cal. 10.39

Avocado Toast LIGHTER FARE

Fresh chopped avocado and sliced tomato on eight-grain toast. 480 cal. 7.99
Add two eggs* any style. 160 cal. 2.00

Veggie Omelet*

Mushrooms, onions, peppers, cheddar cheese, asparagus and tomatoes. Served with toast and choice of hashbrowns or grits. 650-850 cal. 9.99

Fried Chicken & Waffle

Half a fried chicken and a Belgian waffle, topped with powdered sugar and sweet, strawberry butter. Served with our signature sweet and spicy sauce. 2260 cal. 15.79

Two or Three Egg Breakfast*

Eggs any style, hashbrowns, toast and choice of meat: bacon, sausage patties, sausage links, turkey sausage or Canadian bacon. 660-1200 cal. 8.49 / 9.49

SALADS & SOUPS

Chicken Tender Salad

Buttermilk marinated chicken tenders over mixed greens, cucumbers, tomatoes, shredded carrots, red onions, tortilla crunch and hard-boiled egg. 830-1180 cal. 9.99

1/2 Sandwich & Soup

Turkey & Swiss, Ham & Cheddar or Chicken Salad. Served with a cup of soup. 450-670 cal. + soup 7.99

Brooklynn's Greek Salad LIGHTER FARE

Feta cheese, tomatoes, cucumbers, red onion, pepperoncini, Kalamata olives, over a garden salad with Greek vinaigrette. 740 cal. 7.49
Add grilled chicken 130 cal. 3.00
Add grilled shrimp 120 cal. 5.00

Chicken Noodle Soup

Classic housemade soup with chicken, celery, carrots, and onions. 90/180 cal. Cup 3.29 Bowl 5.29

Soup of the Day

Check the Blackboard for our daily offerings. Cup 3.29 Bowl 5.29

SIDES

Hashbrowns 300 cal. 2.49
Homefries 320 cal. 2.49
Honest to Goodness Grits 150 cal. 1.99
Cheesiest Grits 300 cal. 2.49
Toast, English Muffin 120-250 cal. 1.99
Biscuits 320 cal. 2.49
Hickory Smoked Bacon 200 cal. 2.99

Canadian Bacon 70 cal. 2.99
Turkey Sausage 210 cal. 2.99
Country Sausage 400 cal. 2.99
Steamed Broccoli 190 cal. 2.49
French-style Green Beans 130 cal. 2.49
Seasoned Fries 300 cal. 2.49
Mashed Potatoes & Gravy 320 cal. 2.49

Cole Slaw 210 cal. 2.49
Mac & Cheese 290 cal. 2.99
Garden Salad 160 cal. 2.99
Onion Rings 410 cal. 2.99
Fresh Seasonal Fruit 110 cal. 2.99

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